

## Nurse

*Society's policies 4.2.4 Risk Assessments, 4.3 Limits and Boundaries, 4.4 Relationship of Positions to Goals of Camp, 4.5 Challenge by Choice & 4.6 Job Descriptions, are an integral part of this job description*

To be in good health suggests that an individual is functioning comfortably at as high a level as possible. It is the Society's philosophy to promote optimum physical, mental, emotional and spiritual health for all campers and leaders. This is to prevent, wherever possible, illness and accidents. However, the Society recognizes that illnesses and accidents do happen and to this end dictates that a qualified Nurse be on hand at each camp to direct the health and safety of the campers and staff and to provide appropriate treatment, where necessary.

### **Qualifications:**

Because Rock Lake Camp is more than 20 minutes from a hospital or the arrival of an ambulance, a British Columbia Camping Association's mandatory standard dictates that someone at camp holds a valid Advanced First Aid Certificate.

There is also a preferred standard suggesting there be a qualified Nurse at camp.

In a preferred situation, the Society would like to see the position of Camp Nurse at camp be covered by a currently licenced Registered Nurse (RN) or a Licenced Practical Nurse (LPN) with another adult leader at camp holding an Advanced First Aid Certificate (generally the lifeguard).

The Camp Nurse must be covered for medical malpractice. The Society's own insurance policy covers any qualified person providing they are a non-professional (such as a level III certified first-aider). Professionals (such as doctors, registered nurses, licensed practical nurses, emergency first-responders, etc. should have this coverage all ready through their profession. Such professionals would not be covered for medical malpractice under the Society's policy, so it would be incumbent on the Camp Director to ensure that anyone appointed Camp Nurse has the appropriate medical malpractice coverage.

### **The Camp Nurse is responsible to:**

- ensure that the following first aid supplies are available at the camp:
  - BC Regulation Level 3 Kit to be located at the hospital
  - Lifeguard First Aid Kit to be located at the waterfront
  - Basic First Aid Kit to be located in the kitchen
  - Fanny Pack Kits to be carried at all times by each Cabin Leader
  - Oxygen cylinder and related equipment should be part of the waterfront kit, providing that the Camp Nurse has access to it at all times.

*(Schedule 6)* shows a list of required first aid supplies.

### **Camp Health:**

- attend to the health and safety of each camper or leader. The Society wishes to stress that the emphasis is to be on prevention rather than on treatment.
- immediately upon the arrival of each camper, collect, store (under lock and key in the hospital)

- and dispense (as prescribed), all medications brought to camp by campers and leaders; this applies to both prescription and non-prescription medication except EpiPens, asthma inhalers and insulin pens which will be dealt with as outlined in Emergency Procedures, Allergies (*Section 6.8*).
- retain all medical consent forms, for both campers and leaders and to ensure that they are properly signed, including the signature of a parent or guardian in the case of a minor. These consent forms should accompany the camper to any medical facility they may be required to attend.
- consult with the Camp Director & the Camp Cook with regard to any problems with anyone's diet at camp.
- keep the staff informed of any special camper health cases or needs, such as allergies, special diets, physical restrictions, emotional problems, bed-wetting, etc.
- be aware of the immunization history of each camper
- ensure that the Camp Cook has a supply of food (clear soup, crackers, ginger ale, fruit, etc.) to be used as required for minor medical ailments.
- treat medical ailments, as authorized, with medications and first aid supplies as supplied by the camp in consultation with the Camp Nurse before camp.
- refer any serious cases to the Camp Director for referral to the local doctor, clinic or hospital, as required.
- implement & maintain the Society's Health Plan (*Section 5.1*), the society' First Aid Plan (*Section 5.2*) and the pertinent sections of the Society's Safety Plan (*Section 5.3*).
- designate a vehicle to be used as the ambulance and appoint a person(s) to act as transport to any medical facility, ensuring that they have adequate instructions and directions of where to go and who to see.
- record all individual treatments (including name, date and time) administered to any camper or leader in the bound medical log book provided for that purpose (*Form 17*).
- record all medications dispensed in chronological order (*Form 20*)
- prepare a report for any serious medical incident (*Form F 11*).
- be available at all times to treat any ailment.
- leave a note on the hospital door as to where he/she can be reached in an emergency.
- maintain the hospital in a clean and healthy condition.
- assist, if required, in training the camp staff in health and safety procedures as well as basic first aid.
- consult with the Camp Director regarding the purchase of medical supplies.
- consult with the Camp Director and Camp Lifeguard with regard to campers restricted from water privileges.

#### **Camp Sanitation:**

- inspect all toilet facilities and cabins for cleanliness on a daily basis and report any problems or concerns to the Camp Director.
- check the kitchen facilities and food storage areas for proper sanitation measures on a regular basis and report any problems or concerns to the Camp Director.
- check the dishwashing area and operation to ensure that all health and safety regulations are being followed and report any problems or concerns to the Camp Director.
- ensure that the hospital is left clean and orderly and that all unopened medical supplies are returned for credit.

*Cooperation and Communication:*

To help contribute to the smooth running of the camp and to provide a good time for campers and leaders, the Camp Nurse should:

- keep his/her eyes and ears open for opportunities where they can help out in their spare time - problems such as a homesick child, a child who is feeling left out, a child who just needs a hug or any number of other things which need to be handled.
- assist other leaders (crafts, games, etc.) who are temporarily 'snowed under'.
- prepare a brief report of each camp's activities, including any problems and/or suggestions that the Camp Nurse might have